

60+ Vendors
Demonstrations

Medication Collection
Workshops

THE WAY TO WELLNESS

HEALTH FAIR

Hosted by:

St. Mary's County Department of Aging & Human Services
at

Southern Maryland Higher Education Center

Friday, October 21, 2016

8 a.m.-4 p.m.

Free Community Event

Health Screenings

Hearing	Leg Vein
Vision	Blood Pressure
Flu Shots (\$20 each)	Blood Glucose
Depression	CPR Demo and
Skin Cancer	Instruction
Oral Health	Zumba Demo

Shred-It Truck



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Shred Services are available
8 a.m.-1 p.m.
4 Box Maximum

Sponsors Include

Asbury Home Services
Barefoot Graphics
California Total Body Massage
CareFirst BlueCross BlueShield
Cedar Lane Senior Living Community
Charlotte Hall Veterans Home
Edward Jones Investments
College of Southern Maryland
Minority Outreach Coalition
Newbridge Spine & Pain Center
Sagepoint Senior Living Services
St. Mary's Nursing & Rehabilitation Center
Starkey Law, LLC
Tri-County Council for Southern Maryland

For more information,

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www.stmarysmd.com/aging/healthfair

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Keyword: Department of Aging & Human Services